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Region's staff wants insurance cap to remain

REPORT HRM staff hope to lobby the province to hold on to the controversial insurance cap.

A staff report to council says local taxpayers have saved money through a big drop-off in lawsuits since the cap was created in 2003. Aside from saving on legal fees, claims have dropped by an average of 27 to 30 per cent.

The NDP has said it will either alter or do away with the \$2,500 insurance cap on small tissue injuries because it is unfair to injury victims.

METRO HALIFAX

News on the Move

What's this barcode for?

Learn how to scan the barcode with the instructions at the top of pg 2

Vancouver Games

Countdown to 2010

Follow Metro as we bring you daily coverage leading up to the 2010 Winter Olympics in Vancouver.

• Today — The Olympics may shape up to be the "Vancouver Games" thanks to skier Lindsey Vonn's winning ways on and off the slopes, page 10

On the web

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Champs Saints come marchin' in



New Orleans Saints quarterback Drew Brees holds his son Baylen after the NFL Super Bowl XLIV football game against the Indianapolis Colts last night, in Miami. The Saints won 31-17. Coverage, page 9

Teenager faces charge in Middle Sackville murder

Nude suspect reportedly found near home of slain woman

MONIQUE MUISE
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A 17-year-old boy is facing a charge of second-degree murder after a series of bizarre events rocked a suburban neighbourhood in Middle Sackville Friday.

Police say they discovered the body of an unidentified woman inside her home at 20 Hewer Crescent early in the afternoon. Investigators have not said how she died, which room she was found in, or if anyone else was inside the

home when they arrived. The teenage suspect, whose identity is protected under the terms of the Youth Criminal Justice Act, was reportedly spotted walking naked along a nearby street shortly after the victim's body was found. According to RCMP spokeswoman Const. Tamu Bracken, he was arrested and is currently being held for assessment at the IWK Forensic Unit. He is scheduled to appear in Provincial Youth Court in Halifax later today.

Bracken confirmed that

a series of motor vehicle accidents that occurred in the area of Hewer Crescent were linked to the events at the murder scene.

A postal delivery van parked on Rossing Drive — connected to Hewer Crescent — was struck from behind, narrowly missing a Canada Post employee who had gotten out of the vehicle moments before. A dump truck parked on Millwood Drive was also hit from behind, said Bracken. There were also unconfirmed reports of a minor car-pedestrian acci-

dent on nearby Sackville Drive.

The incident was one of two suspicious deaths that have occurred in the municipality since Friday. The second occurred at a large home in North Preston, where police discovered the body of an unidentified man after responding to two separate 911 calls. As of yesterday afternoon, the RCMP had no suspects in the case, and were still treating the matter as a homicide.

MORE COVERAGE, PAGE 3

Some MLAs stay mum on spending

AUDIT The honour system hasn't convinced some politicians to come clean in the political expense scandal.

Five days after auditor general Jacques Lapointe released his scathing report, many embarrassing items remain unclaimed. No one has admitted expensing a \$2,500 big screen TV or a \$750 GPS system. The identities of who bought 11 computers in three years, or 12 printers over that same period, are also unknown.

Speaker Charlie Parker has refused to release the names of MLAs linked to what Lapointe called "inappropriate" and "irresponsible" use of public money. Parker said it's up to individuals to come clean.

Hours after the report was released, Metro emailed all 52 MLAs asking them to come forward if they were mentioned in the report. The three parties also contacted their current and former caucus members.

Several politicians have stated an official list doesn't need to be released because MLAs are voluntarily coming forward.

Yet two generators and \$1,540 in Internet fees are among the items no one has stepped up to claim.

Premier Darrell Dexter is the only one to publicly admit "double dipping" with duplicate expenses, despite 28 members being fingered by the auditor general. Back from vacation, Dexter will speak publicly about the scandal for the first time today.

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Local



Public memorial service for Mountie

A public memorial service for RCMP Sgt. Mark Gallagher is set to take place this afternoon in Halifax. The service is scheduled to begin at 2 p.m. at St. Agnes Church, and will be followed by an open reception. Gallagher, 50, had been working in Port-au-Prince, Haiti, as part of a UN training force. His body was found in the rubble of his home two days after a massive earthquake struck the Caribbean country on Jan. 12.

METRO HALIFAX

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Dartmouth home damaged in fire

CHARRED A fire caused extensive damage to a home on Symonds Street in Dartmouth yesterday at about 5 p.m. Firefighters were able to quickly extinguish the flames but the rear and second floor of the house were badly charred.

Officials do not believe anyone was home at the time and do not yet know the cause of the fire.

METRO HALIFAX

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What's online today.

Video Employment data and debt crises in Europe leave some investors wondering how far markets will fall after a year of steady gains at metronews.ca/world

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Lotteries

Friday, Feb. 5
 Lotto Max: 10, 19, 25, 29, 39, 41, 42 Bonus: 21
 Saturday, Feb. 6
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 These results are not official.

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Hurlburt pays back generator cost

Defiant ex-minister changes tack, apologizes for \$7,995 expenditure

A Conservative member of the Nova Scotia legislature apologized Friday for spending \$7,995 in public money on a generator, one day after he defiantly defended the purchase as a valid expense.

Richard Hurlburt, a former cabinet minister, issued a brief statement calling the purchase a lapse in judgment.

"I am sorry for expens-

ing an item that I now know was not an appropriate claim," said Hurlburt, who represents the rural constituency of Yarmouth.

Hurlburt said he reimbursed the money on Thursday and will donate the machine to a community group in his constituency.

The expense was one of several that were flagged as excessive in a report re-

Some other expenses flagged

- Judy Streach said she was notified that a \$738 espresso machine she bought was on the list of expense items questioned. She confirmed she has reimbursed taxpayers the full amount.
- Len Goucher said he used public money to buy three MP3 players for \$150 for three schools in his suburban constituency of Bedford-Birch Cove. Goucher said he is waiting to hear from the Speaker's Office about his expenses.

leased last week by the province's auditor general.

Hurlburt's admission was a dramatic turnaround

for the Tory veteran, who as late as Thursday was insisting he had followed spending guidelines. He

said he bought the generator for the benefit of constituents, including a senior citizens' complex in his neighbourhood.

Two former Conservative cabinet ministers — Judy Streach and Len Goucher — also came forward Friday to say their expenses were among those cited in auditor general Jacques Lapointe's report.

THE CANADIAN PRESS

Conservatives pay tribute to MacDonald

MEETING Nova Scotia's Progressive Conservatives have wrapped up their annual general meeting in Halifax.

It kicked off Friday with a tribute to former premier Rodney MacDonald, including one from the prime minister. Stephen Harper, in a video played to hundreds of party faithful, praised MacDonald as someone who worked on behalf of the province while respecting the interests of Canada.

"Having some familiarity with minority government myself, I know how tough it can be to get things done," said Harper.

The prime minister gave credit to MacDonald, saying it took "real political courage" to sit down and settle the 20-year-old Crown share offshore dispute. "The result was a deal that honoured the constitutional division of



Former premier Rodney MacDonald answers questions from reporters in this file photo from June. MacDonald was honoured over the weekend at the Tory annual general meeting.

powers, ensured that Nova Scotians get their rightful share of offshore revenues and set the province on a course to fiscal independence," Harper said.

Reached in July 2008, the settlement means the

lowing the Tory defeat in last spring's provincial election and resigned his Inverness seat in the legislature last September.

The annual general meeting was the first time the party had gathered since the June election that handed the NDP a majority government. The Tories were reduced to third place status.

Conservatives say the party, which plans to hold a leadership convention in October, is ready to rebuild and regain lost momentum. Jamie Baillie, who's mulling a run at the Tory leadership, says he believes Nova Scotians are already dissatisfied with Premier Darrell Dexter's government.

Party president Rob Batherson says Conservatives have to come together and will rally behind whoever is chosen as leader in preparation for the next election.

THE CANADIAN PRESS

Contract to recycle tires challenged

BID The Guysborough District Municipality continues to challenge a decision by Nova Scotia's Resource Recovery Fund Board to award a controversial contract to recycle the province's tires.

Last fall, the board announced the winning bidder was Halifax C and D Recycling. The company will be paid up to \$1.95 a tire — 65 cents a tire more than a proposal submitted by the Guysborough District Municipality.

Warden Lloyd Hines says the municipality has presented packages to Environment Minister Sterling Belliveau and Finance Minister Graham Steele asking the province to review the decision. Belliveau plans to meet with board officials to discuss the issue further.

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College offers program exclusively within First Nation

The Nova Scotia Community College is now offering one of its programs exclusively within a First Nation community. The aboriginal continuing care program will be offered on the Waycobah First Nation beginning in April. The tuition-free, 35-week program is open to 20 aboriginal students. **THE CANADIAN PRESS**

local 3

Body found in North Preston home

RCMP discover dead male after responding to two weapons complaints

MONIQUE MUISE
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Long yellow strands of police tape surrounded a large home in North Preston yesterday, fluttering in the chilly morning wind as members of the RCMP Major Crime Unit began their investigation into another suspicious death in the small community.

Officers were sent to the modern, three-storey home at 1166 Downey Rd. just before 6:30 a.m. in response to two separate 911 calls.

"They were both weapons complaints," said RCMP spokeswoman Const. Tamu Bracken. "When (officers) arrived on scene, it was confirmed that there was one male deceased inside the residence."

Bracken would not release any information about the type of weapon involved in the incident, the age of the victim or the cause of death. She would also not say if the



An officer holds up police tape as an RCMP cruiser backs out from a crime scene in North Preston yesterday. Police responded to the Downey Street residence after receiving a weapons call and found a deceased male inside.

calls came from the home where the body was found.

As of yesterday afternoon, police had not identified any suspects and no

arrests had been made in connection with the death.

"The investigation is still in the early stages,"

Bracken said, standing on the road in front of the home, which is set back about 100 metres from the road.

At least five police cars were parked near the house throughout the morning, and officers walked up and down the street knocking on doors and speaking to people who had gathered on their lawns to watch the proceedings.

No one in the traditionally tight-lipped community would speak to the media.

Bracken said there were several people inside the home when police arrived, but would not say exactly how many, or what their relationship was to the victim.

"The Major Crime Unit will be speaking to everyone who was inside the home at the time of the incident," she said.

The death comes on the heels of a series of gun-related incidents in North Preston over the past several months. The last one occurred in early December, when a 19-year-old man was taken to hospital with non-life-threatening injuries after being shot in his car on Cain Street.

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Men face firearms charges

CRIME A 28-year-old man is facing several weapons-related charges after allegedly being caught with a loaded gun early Saturday morning in Halifax.

Police say they stopped a vehicle carrying at least four people on Herring Cove Road at approximately 4 a.m. and discovered the weapon in a man's possession.

"It was a routine traffic stop," said police Sgt. Richard Gilroy. "Obviously the officer saw something that concerned him inside the vehicle, and as a result people were taken from the vehicle and searched."

In a separate incident Friday evening, police arrested and charged a 20-year-old male after recovering a rifle and ammunition in the area of Pinecrest Drive in Dartmouth.

Gilroy said the suspect was found carrying the rifle "at or near a building" at around 6:30 p.m. and is facing numerous charges, including unauthorized possession of a firearm and failure to properly store a firearm.

METRO HALIFAX

Concert to bring sounds of hope tonight

Haiti
Crisis

JON TATTRIE
for Metro Halifax

EVENT The East Coast's top musicians will raise the roof — and hopefully more than \$100,000 — at the Metro Centre tonight with Halifax for Haiti, a huge relief concert organized to help the Canadian Red Cross rebuild the earthquake-ravaged country.

The show includes Bruce Guthro, Charlie A'Court, Classified, J.P. Cormier, Joel Plaskett, Linda Carvery, Squid and many more top acts, with the Trailer Park

Event details

• The Halifax for Haiti relief concert starts at 7:30 tonight at the Halifax Metro Centre. For more information and to buy tickets, go to halifaxforhaiti.com.

Boys also scheduled to make an appearance.

DRUM! will open and close the show. Doris Mason, musical director of the group that fuses Nova Scotia's four founding musical traditions, said they were eager lend their songs to the cause.

"Two of (the musical styles) are African and French," she said, making it a natural fit with Haiti, a

French-speaking, African-descended country. Mason has travelled in the neighbouring Dominican Republic and was struck by the beauty and poverty of the island.

When organizer Brookes Diamond asked DRUM! to join, they immediately agreed. "Everybody is just so shocked and wanting to do something positive," Mason said.

Scott Ferguson, CEO of Trade Centre Ltd., said it's going to be a great event.

"It's about how we utilize facilities for the greater community good," he said.

Tickets are \$20, but Ferguson hopes people will feel inspired to jack up the cost to \$100 or more and do-

nate the rest to Canadian Red Cross staff at the doors.

The Metro Centre is being offered free of charge and after covering operating costs, the money raised will go directly to the Canadian Red Cross.

"This is such an overwhelming need, we obviously have to step up," Ferguson said.

The massive Jan. 12 earthquake struck near Port-au-Prince, devastating the Caribbean nation. An estimated 200,000 people died and hundreds of thousands of buildings were reduced to rubble.

Groups like the Red Cross are helping heal the wounded so they can rebuild their country.

Neighbourhoods without power after SUV takes out pole

MISHAP Police say several Halifax neighbourhoods were left without power after an SUV slammed into a pole early Friday morning, shearing it off completely.

The driver of the vehicle is facing charges of impaired driving and refusing the breathalyzer after the mishap in the city's west end around 2 a.m. The man

was treated at the scene for a minor facial injury.

Police say a couple of streets in the area were closed to allow for the removal of the vehicle and

downed power lines.

Some traffic lights were also not working and police were helping to direct people through the morning commute. **THE CANADIAN PRESS**

Police bust Dartmouth underground brewery

LIQUOR An illegal underground brewery in Dartmouth was shut down yesterday, police say.

Halifax Regional Police executed a search warrant

on a home in the 100 block of Windmill Road and found a still along with beer, wine and other alcohol.

Police are alleging the

occupant was selling liquor from his home.

All items were seized and a 63-year-old man was arrested.

METRO HALIFAX

News in brief

CLIMATE HRM staff will deliver a presentation on the effects of sea-level rise tomorrow at a Committee of the Whole meeting.

METRO HALIFAX



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THURSDAY'S NETWORKING TEAM

The Olympic Resistance Network says Martin Macias Jr., was detained by Canadian officials at Vancouver's airport Saturday morning and questioned for several hours. Activist Chris Shaw says the U.S. Consulate told them Macias was eventually denied entry and put on a plane for Seattle. **THE CANADIAN PRESS**

U.S. anti-Olympic activist denied entry to Canada

Canada/World



Earthquake survivors rally demanding food in the streets of Port-au-Prince yesterday. A survey of several leading aid organizations in Canada revealed that while some guarantee every dollar of every donation will be sent to the country, many take a percentage in order to process the funds.

Some donations not making it to Haiti

As Canadians continue to donate tens of millions of dollars to relief efforts in Haiti, aid organizations are scrambling to ensure as much money as possible finds its way into the devastated country.

With the federal government's window to match donations set to close Friday, charities and NGOs are hoping the incentive will give one final push to their fundraising campaigns.

But administrative costs, logistical challenges and in a few cases shady book-keeping mean some donations are more likely than others to end up helping survivors of last month's earthquake.

A survey of several leading aid organizations in

Overhead costs

- World Vision Canada aims to keep administration and fundraising costs at 10 per cent or below of all incoming donations.
- UNICEF Canada is anticipating its costs will represent between two and five per cent of donations.

Canada revealed while some guarantee every dollar of every donation will be sent to the country, many take a percentage in order to process the funds.

Once on the ground, there is still no guarantee a dollar donated will end up buying food, water, shelter or medical aid. Aid groups acknowledge enormous

- Plan International Canada says 100 per cent of the money it receives for Haiti is sent to the country.
- Adventist Development and Relief Agency Canada is also committed to using 100 per cent of donations for project funds in Haiti.

sums must first be spent on logistics. **THE CANADIAN PRESS**

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Haitian relief enters a new phase as doctors turn to healing minds shattered by grief and loss. Scan this code for story.

Tories block Public Works report release

INFORMATION A federal cabinet minister's aide killed the release of a sensitive report requested under freedom-of-information in a case eerily similar to a notorious incident in the sponsorship scandal.

A bureaucrat had to make a mad dash to the department's mailroom last July to retrieve the report at the last minute under orders from a senior aide to then-Public Works minister Christian Paradis.

The order was issued by Sebastian Togneri, Paradis' parliamentary affairs director, in a terse email after he

had been told the file was already on its way to The Canadian Press, which had requested it.

"Well, unrelease it," Togneri said in a July 27 email to a senior official in the department's Access to Information section.

"What's the point of asking for my opinion if you're just going to release it?"

The document was an annual report on Public Works' massive real-estate portfolio, which contained factual information on high vacancy rates and weak returns on investment.

The matter was eventual-

ly brought to the attention of the department's director-general, Sylvia Seguin-Brant, who wrote a memorandum arguing despite objections from the minister's office, the entire report should indeed be released. In the end, though, the department released only a heavily censored version just as Togneri had insisted — 82 days later than allowed under the law. The final release included just 30 pages.

THE CANADIAN PRESS

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Deadly blast tears apart Connecticut power plant

MIDDLETOWN An explosion blew apart a power plant under construction as workers purged natural gas lines yesterday, killing at least five people and injuring a dozen or more in a blast that shook homes for miles, officials said.

Middletown Mayor Sebastian Giuliano said at a late-afternoon news conference that at least 12 people were injured.

Deputy Fire Marshal Al Santostefano told The Associated Press yesterday evening that crews were still searching for survivors in the rubble at the Kleen Energy Systems plant in Middletown, about 32 kilometres south of Hartford.

Santostefano earlier said

Status of injured

- Officials had not released the conditions of the other injured people by late yesterday afternoon, but hospitals reported some seriously injured patients.

about 50 people were in the area yesterday morning when the explosion occurred.

The mayor said at the news conference it was difficult to tell how many people were at the plant because multiple contractors were working on it with their own employee lists.

"They're trying to figure out who was on the job to-

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Electric car developers hope the launch of Israel's revolutionary power grid will lead a worldwide shift. Scan this code for the story.

day, and where are they now?" Giuliano said.

The 620-megawatt plant was being built to produce energy primarily using natural gas.

Santostefano said workers for the construction company, O&G Industries, were purging the gas lines, a procedure he called a "blow-down," when the explosion occurred.

THE ASSOCIATED PRESS

Winter storm buries D.C., surrounding states

SNOW Residents of the U.S. capital and Mid-Atlantic states began digging out yesterday from piles of wet, heavy snow while crews tried to restore power to hundreds of thousands of homes and clear streets for work today.

The National Weather Service called the storm "historic" and reported a foot of snow in parts of Ohio and two feet or more in Washington, Delaware, New Jersey and Pennsylvania. Parts of Virginia, Maryland and West Virginia got closer to three feet.

Many roads reopened but officials continued to warn residents that highways could be icy and treacherous. The snow snapped tree limbs onto power lines and several



Mary Knapp Seibel digs out her car as her dog Wolf sits close by in Bethesda, Md., yesterday. Cities in the Mid-Atlantic U.S. awoke to below-freezing temperatures and piles of snow while power crews tried to restore electricity to hundreds of thousands of homes.

roofs collapsed under the weight.

In Washington, city officials said it was unclear if

the roads would be clear enough for workers to get in today.

THE ASSOCIATED PRESS

Hundreds fleeing Afghan town ahead of planned NATO offensive

MARJAH Minivans piled high with mattresses and clothing lined up at checkpoints yesterday as hundreds of civilians fled a Taliban-controlled area ahead of a planned NATO offensive in southern Afghanistan.

The militants, meanwhile, dug in for a fight, reinforcing their positions with rocket-propelled grenades and heavy weapons, according to wit-

nesses.

The U.S. military has not given a start date for the operation to clear insurgents from the Helmand province town of Marjah, the biggest community in the south under insurgent control.

American aircraft dropped leaflets over Marjah yesterday warning people of the coming offensive, officers said

THE ASSOCIATED PRESS

News in brief

STUDENTS Britain's Home Secretary says student visa rules are being tightened to keep out people seeking work. Alan Johnson said those who come to Britain for courses that run less than six months can no longer bring dependents. He also said the hours foreign students will be able to work are to be cut from 20 a week to 10.

VOTE Costa Ricans appeared set to elect their first woman president yesterday. Pre-election polls gave a nearly 20-point lead to Laura Chinchilla.

THE ASSOCIATED PRESS

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Comment

Take back control of a busy 2010

UrbanScrawl

Christina
Carew

metronews.ca/urbanscrawl

It is nearly six weeks since the 2010 calendar year commenced, and I don't know about you, but it feels like it's gone by in a blur. Everyday seems a little more hectic than the last, and the weekends feel like they

last an hour.

With fewer resources and more to accomplish, I'm sure I'm not alone in the assumption life is just getting busier and busier. Lying in bed this morning, I was trying to account for what I had accomplished over the last six weeks — what was taking up all that time?

I could account for it in — meetings, meetings and time getting all the work done from all the meetings. What was missing on my list was "me" time. There was very little time I

could account for doing something that gave me nothing other than self-satisfaction (and maybe some pleasure too).

I, like many of you, have found myself in debt to myself. The promises I made to start a new year off by obtaining some level of balance. My plan was that at least once a day I could say this x is what I did for myself today.

What the x was could vary — got myself a latte, went for a walk with a friend, treated myself to a manicure, went out for a

"With fewer resources and more to accomplish, I'm sure I'm not alone in the assumption that life is getting busier and busier."

nice dinner. What x was, wasn't as important as that I made it a priority in my life to do something for myself each day.

So what can we do to take control over it all?

Look at where you spend your time (and where you aren't spending your time) and see what you can do to balance it out.

Maybe it's going to the gym on your way into work (so that you don't spend the day thinking of excuses not to go). Perhaps it's clearing the table of all work-related items, and sitting down and having an uninterrupted meal. Love TV? Pick a show you love, and no matter what happens, always sit down to watch it, uninterrupted, each week.

Making time for ourselves helps us be more productive, increasingly focused and in an overall better mood. Start tomorrow. When you get up each morning, this week and next, have a plan for at least one thing each day to look forward to.

Let's start building our plan to pleasure ourselves, even for just a few moments each day.

Christina Carew is a member of FUSION Halifax. Visit FUSIONHalifax.ca to find out how you can get involved to help make Halifax a better place to live, work and play.

Views

Plagiarizing poetry is the key to her heart

HineSight

Anne
Hines

metronews.ca/hinesight

With Feb. 14 fast approaching, today I provide support for readers who fall into the category known as "special-occasion challenged" or, alternatively, "men." True, not all men are special-occasion challenged. To find out if you are, answer this simple question.

To me, Valentine's Day is:
a) A magical 24 hours when I can shower my part-

ner with the love and appreciation she deserves.

b) What?

If you choose b), help is at hand.

First, remember that your goal on Valentine's Day is to show your partner that you've thought about her. And not only when you wondered who you could get to make snacks for poker night.

A classic way to do this is by creating something personal and artistic. For "artistic," it's best to stick to poetry. Interpretive dance does not usually work so well except to give her something to share with her friends on YouTube.

Many men, when con-

fronted with the exciting challenge of writing poetry respond, "Can't I just chew off my arm instead?" No. That kind of thing is hardly ever romantic. What you want is to give her something meaningful and heartfelt that expresses your love in terms only you could use. To achieve this, you simply have to steal it from someone else.

Stealing poetry is entirely OK. There's an old saying, "Imitation is the sincerest form of flattery ... except if you're making knock-off handbags or watches, in which case it's illegal." An important tip: The best poems to steal are ones that don't contain the words

"booty" or "hot" or that you didn't get off either a washroom stall door or a site for Metallica lyrics.

Here are two suggestions: "Love is not love that alters when its alteration finds, nor bends with the remover to remove."

This is perfect for the woman you'd describe as "has never, ever read Shakespeare, so won't know I stole this."

So, this Valentine's Day gentlemen, remember this. Plagiarize a little poetry, and you'll steal your way into her heart.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.



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CEO gets stock bonus
Goldman Sachs Group Inc. CEO Lloyd Blankfein is getting a \$9-million US stock bonus for 2009, a modest payday by Wall Street standards that appears aimed at quelling criticism of the bank's compensation practices. **THE ASSOCIATED PRESS**

Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

In brief

DIVIDEND McGraw-Hill Ryerson Ltd. said Friday it earned \$3.6 million in its latest quarter and declared a special dividend. The publisher said it would pay a one-time dividend of \$2.50 per share to shareholders of record on Feb. 18. **THE CANADIAN PRESS**

TSX could feel more selling heat

MARKET The Toronto stock market could see more selling pressure this week as investors weigh whether the most recent U.S. employment data will lead to a sustained economic recovery.

Worries about if some European countries can get huge deficits under control has further discouraged stock buyers and the question now is how far markets will retrace after almost a year of steady

gains. The TSX is down about 4.5 per cent since the beginning of the year as U.S. President Barack Obama announced plans to curb risky trading by U.S. banks.

THE CANADIAN PRESS



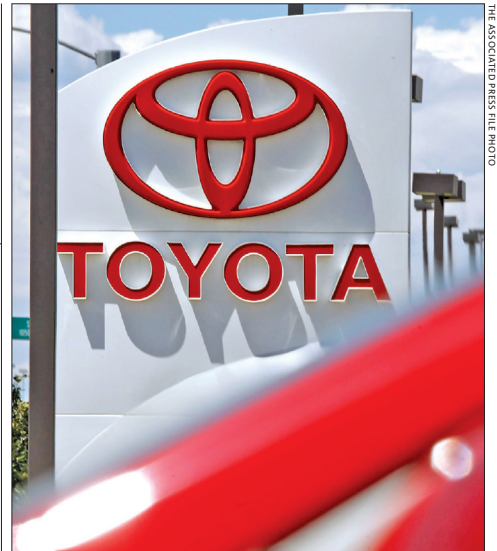
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Toyota's massive recall has lowered the resale value of its vehicles by one to two per cent.

Toyota feels resale dent

Toyota's wilting reputation is beginning to affect the resale value of its vehicles, with one used-auto pricing service cutting its valuations by \$200 US to \$500, depending on the model.

Kelley Blue Book, the U.S.-based company that helps consumers determine how much their used vehicles are worth, says it has lowered the resale value for the Toyota vehicles involved in the company's massive January recall by one to two per cent.

The affected models include the popular Camry, Corolla and RAV4.

The recall created a unique set of circumstances for KBB, but the devaluation ultimately came down to the fundamentals of demand and supply, said Juan Flores, director of vehicle valuations at KBB.

Toyota recalled 270,000 vehicles in Canada and millions more in the U.S., Europe and Asia due to reports of a defective pedal that can stick and take longer than usual to return to the idle position. This will likely impact demand for used Toyotas, particularly given that the problem has been linked to wear and tear on older vehicles.

In a survey on KBB's website, 20 per cent of people who were intending to buy

Recall

- The pedal recall is separate from another Toyota recall involving floor mats that can bend and push down accelerators. While the floor mat recall didn't affect Canadian vehicles, the two recalls combined affect more than seven million vehicles worldwide.

a Toyota before the recall are no longer considering the brand, Flores said.

On top of weaker demand, the Japanese automaker briefly halted sales and production of the affected vehicles until it found a fix for the pedal problem.

"As the dealers are having to hold onto their inventory of vehicles and as the manufacturing plants have halted production, this is really building up supply inventory," Flores said.

THE ASSOCIATED PRESS

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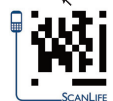
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NBC's Brian Williams a rare success story for a network besieged by dismal ratings and late-night missteps. Scan this code for the story.

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Metronews.ca/oddiobs

On his own time, Simpkins is a runner. He began long distance running when he was in grade 10 and also has never looked back. He does ultramarathons now: Races that

Best Part of the Job: "Having the opportunity to see how truly beautiful this country is and experiencing the people at the same time."
Worst Part of the Job: "Being short on sleep."

That's why one of his senior officers ask him, many months ago, if he would work with the RCMP to escort the flame across Ontario. He accepted, and while doing a training camp for the job, filled out a form that asked if he'd be interested in acting

"I, like most people, said yes, thinking it wasn't going to happen."

Jeff Simpkins on his chance of getting the torch-escort job

as a commander for the entire run. "I, like most people, said yes, thinking it wasn't going to happen."

A week after he got home, he got an email

telling
him
he'd
been se-
lected.

He started his job on Oct. 30 in Victoria. His days begin as early as 4:15 a.m.

Simpkins and his team are primarily responsible for the safety of the flame and the bearers. His work varies between running alongside the torch (he can cover as much as 45 km a day), assisting torchbearers, dealing with small tasks that need to be done and riding in the convoy as it drives to the next town.

Days end around 7 p.m. By the time he eats dinner and spends an hour or so planning the schedule for the next day, it's time for bed by 11 or 12.

He gets little rest and just a few days off here and there, but he's not exhausted. He knows his last day of work is Feb 12, and then he flies home the next day. "Then it's back to normal work."

Diane Peters once hawked magic pens at the Canadian National Exhibition. She's now a writer and part-time journalism instructor.

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 Bangladesh.....3.9	 Ghana.....9.9
 Barbados..... 9.9	 Greece.....2.9
 Chile..... 2.9	 Guatemala.... 10.9
 China..... 2.9	 Guyana.....27.9
 Ecuador.....12.9	 Honduras.....15.9
 El Salvador. 9.9	 Iraq..... 4.9
 Jamaica..... 8.9	 Israel.....2.9
 Jordan.....3.9	 Italy..... 2.9
 Kenya..... 6.9	 Russia..... 2.9
 Kuwait.....6.9	 Saudi Arabia... 3.9
 Lebanon..... 9.9	 South Korea.. 2.9
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The Halifax Lions pounded the Bridgewater Lumberjacks 7-3 in Maritime Junior A Hockey League play at the Halifax Forum yesterday. Justin Belanger scored a pair and Brendan Taylor had a goal and two assists. **METRO HALIFAX**

Sports

EDITOR: DON.MCHOULL@METRONEWS.CA



Conrad nabs silver medal

Dartmouth's Sarah Conrad warmed up for the Olympics by winning a silver medal in the women's half-pipe at the Burton Canadian Open in Calgary on Saturday. Conrad will compete in her second Olympics later this month.

METRO HALIFAX

Rainmen show no mercy in blowout



Rainmen point guard Gary Ervin shoots over a Buffalo Stampede guard during the first half of yesterday's PBL game at the Metro Centre. The Rainmen beat the Stampede 111-90 to improve to 7-2 on the season.

Halifax earns widest margin of victory this season

MATTHEW WUEST
matthew.wuest@metronews.ca

The Halifax Rainmen kept gathering steam and the undermanned Buffalo Stampede simply ran out of it.

The Rainmen quickly turned a one-point game into a mild blowout early in the third quarter in a 111-90 victory over the Stampede in Premier Basketball League action before a crowd of 2,856 at the Metro Centre yesterday afternoon.

The Stampede, which has won just four of 29 games in franchise history, showed up with just eight players.

"They only had eight guys so it was tough for them," said forward Cameron Stanley, who had 11 points in his Rainmen debut after starting the season with the Stampede.

"Fatigue set in for them and we have a lot of guys to put in off the bench, so

we just played to our strength."

The Rainmen had just two players surpass the 30-minute plateau, with Tony Bennett and Eric Crookshank logging 30 and 31 minutes, respectively. The Stampede, conversely, had two 43-minute men and three more in the 30s.

Guard Adris DeLeon demonstrated the Rainmen's depth, coming off the bench to drop a game-high 17 points.

"I just go out there and try to give the energy that coach asks me to bring and play defence," said DeLeon, a first-year pro who has had some big games off the bench.

"That's my job."

Buffalo was within a point, 53-52, just 34 seconds into the second half, but the Rainmen went on an 11-0 run and finished the quarter on a 29-11 tear to open up a 19-point lead.

"They started getting tired and we started running them off the court,"

"They started getting tired and we started running them off the court."

Adris DeLeon, Rainmen guard

the 25-year-old DeLeon said.

Tony Bennett (16), Desmond Ferguson (13) and Jevohn Shepherd (11) also hit double figures, while Eric Crookshank contributed his usual double-double (15 points, 15 rebounds).

It was the Rainmen's widest margin of victory this season.

They have now won six of their past seven and are 7-2, a game and a half behind first-place Puerto Rico (8-0).



For more Rainmen coverage on Twitter follow: **@metrorainmen**

Sports in brief

BOXING Halifax's Jason Naugler lost his fifth straight bout at the hands of David Lemieux for the vacant Canadian super-middleweight title in Montreal on Saturday. All three judges scored the fight 100-90.

AUS HOCKEY The final Atlantic University Sport men's hockey playoff spot is still up for grabs heading into the final weekend of the season. The Dalhousie Tigers (8-14-4) have a one-point edge over the Moncton Agiles Bleus (8-15-3).

AUS BASKETBALL The Dalhousie Tigers saw a five-game losing streak halted yesterday in a 84-64 loss to the unbeaten St. Francis Xavier X-Men in Atlantic University Sport men's basketball play in Antigonish. The women's team posted a 65-57 victory.

METRO HALIFAX

SCOREBOARD

PBL		W	L	PCT	GB
Puerto Rico	8	0	1,000	—	
HALIFAX	7	2	.778	1.5	
Lawton-Fort Sill	5	2	.714	2.5	
Rochester	5	2	.714	2.5	
Vermont	2	4	.333	5	
Buffalo	3	6	.333	5.5	
Manchester	2	6	.250	6	
Maryland	2	6	.250	6	
Quebec	1	7	.125	7	

Fitzner-LeBlanc headed to Brier

MATTHEW WUEST
matthew.wuest@metronews.ca

CURLING Ian Fitzner-LeBlanc has claimed Nova Scotia's coveted spot at next month's Tim Hortons Brier in Halifax.

The 25-year-old Haligonian won his first career Molson Tankard provincial men's curling championship yesterday afternoon at his home Mayflower Curling Club, doubling club rival Doug MacKenzie 6-3 in the final game.

Fitzner-LeBlanc will compete for a national title in his hometown from March 6 to 14 at the Metro Centre.

"It would be impossible to say I never thought about it," said Fitzner-LeBlanc. "It's surreal, I don't know what else to say. You never know when you're going to get that chance, and you don't know if you're ever going to get it again."

"It's a real treat." Fitzner-LeBlanc, who won a provincial junior ti-



Skip Ian Fitzner-LeBlanc shouts instructions to his sweepers during his match against Doug MacKenzie's rink in the Molson Tankard final at the Mayflower Curling Club yesterday.

tle in 2005, lost in last year's final to Mark Dacey. But with the help of mate Stuart MacLean, second Kent Smith and lead Philip Crowell, he couldn't be beaten this time, going a perfect 6-0.

"We started to really be-

lieve that we belonged here," said Fitzner-LeBlanc. "Maybe there was a bit of a feeling last year like, 'How did we get here?'"

"This year, we just had a different level of confidence right from the get-go."

Clarke angers coach as Herd enjoy stellar weekend

MOOSE Garrett Clarke ended up in his coach's doghouse during one of the Halifax Mooseheads' best weekends of the season.

The Mooseheads earned three of a possible four points against two of the QMJHL's top teams at the Metro Centre, losing 5-4 in a shootout to the nationally top-ranked Saint John Sea Dogs on Friday and upsetting the Cape Breton Screaming Eagles 3-2 before a season-high crowd of 7,202 on Saturday.

But Clarke, a 17-year-old defenceman, took two penalties against the Sea Dogs that resulted in power-play goals, including the game-tying marker in the final minute, and went to the box for tripping at 8:15 of the second period against the Screaming Eagles. He didn't see the ice

the rest of the night.

"Tonight was the last straw," said Cam Russell, the Mooseheads' head coach, on Saturday. "Those things won't be tolerated. It doesn't matter who it is. If you're gonna put your own needs ahead of your team's, you're not gonna play."

Clarke, who was drafted sixth overall by Lewiston in 2008 and traded to Halifax last summer, leads all Mooseheads defencemen with 20 points in 36 games.

With fellow blueliner Steve Gillard (shoulder) on the mend, his presence in the lineup on Wednesday against the P.E.I. Rocket is up in the air.

"We'll wait and see this week," Russell said.

MATTHEW WUEST/
METRO HALIFAX

For the full story and coverage of the weekend games, visit The Q Files blog at www.metronews.ca/qfiles

Sapp released from jail

Former NFL star Warren Sapp was released from jail yesterday on \$1,500 US bond, a day after being arrested for allegedly choking a woman in his hotel room. Sapp was released at about 11 a.m. yesterday — when the NFL Network analyst would have been helping with Super Bowl coverage. **THE ASSOCIATED PRESS**

sports **9**

Saints march to first title

New Orleans' Brees named MVP after tying Super Bowl record

SUPER BOWL RESULTS**Colts 17 Saints 31**

Put away those paper bags forever. Drew Brees and the Saints are NFL champions, rallying to upset Peyton Manning and the Indianapolis Colts 31-17 last night in one of pro football's most thrilling title games.

Brees tied a Super Bowl record with 32 completions, the last a two-yard slant to Jeremy Shockey for the winning points with 5:42 remaining. The Pro Bowl quarterback was chosen Super Bowl MVP.

"We just believed in ourselves and we knew that we had an entire city and maybe an entire country behind us," Brees said. "What can I say? I tried to imagine what this moment would be like for a long time and it's better than expected."

A surprise outside kick sparked the Saints' second-half comeback. Their 25th-ranked defence made several key stops, and Tracy Porter's 74-yard interception return on a pass from Manning, of all people, clinched it.

Manning gave futile chase, but was blocked by a New Orleans defender and fell awkwardly as the cornerback raced by. The four-time NFL MVP forlornly walked to the sideline as



New Orleans Saints cornerback Tracy Porter, centre, reacts as he returns an interception 74 yards for a touchdown against the Indianapolis Colts during the second half of last night's Super Bowl.

the Big Easy celebrations began. Who would have thought the biggest mistake of the game would have come from Manning? "It's time for the Saints to celebrate," he said. "It's their field and it's their championship."

An NFL embarrassment for much of their 43 years, the Saints' football renaissance, led by Brees and coach Sean Payton, climaxed with Shockey's touchdown and Lance Moore's two-point conversion catch. The conversion pass originally was ruled incomplete, but Payton challenged the call

and won.

Porter's pick, just as dramatic as his interception of Brett Favre's pass to force overtime in the NFC title game, was the game's only turnover. It's one Manning will forever regret.

The Saints (16-3) won three post-season games this winter after winning only two in the previous 42 years. They beat Arizona, Minnesota and Indianapolis (16-3) — all division winners — for their first title, scoring 107 points and allowing only 59.

The championship came four years after Hurricane

Katrina ravaged New Orleans, making the Saints nomads for the 2005 season. There even was some doubt they would return, but the NFL refused to abandon the Big Easy. The Superdome was rebuilt and the Saints won the NFC South in '06, their first season with Brees and Payton.

That was the season Manning won his only Super Bowl. He had the Colts, in front for much of this one, but New Orleans' league-leading offence outscored Indy 31-7 after falling behind 10-0.

THE ASSOCIATED PRESS



Team Canada skip Jennifer Jones, right, holds her heart after defeating Team Prince Edward Island 8-7 during final game action at the 2010 Scotties Tournament of Hearts yesterday.

Jones captures third straight Scotties title

CURLING Make it three straight for Jennifer Jones at the Scotties Tournament of Hearts.

Jones and Team Canada beat Prince Edward Island's Kathy O'Rourke 8-7 in 11 ends yesterday to win the title.

Jones scored one in the 11th to give her rink a fourth Scotties title overall.

"I never thought we would do it," Jones said. "To win three is incredible."

"To win three is incredible. The way we won today, the way we came back was awesome."

Jennifer Jones

The way we won today, the way we came back was awesome."

P.E.I. held a 6-3 lead heading into the seventh end before Team Canada battled back to take a 7-6 lead.

"Obviously we were disappointed with the way we

were playing," Jones said. "We're a scrappy team and we never give up. We made big shots when we had to, so we wanted to hang in there and make the shots to win. It just worked out well for us."

Jones stole a pair in the ninth end to take a 7-6 lead, but P.E.I. scored one in the tenth end to force extra ends.

"Certainly we would have liked to make history and finish that off, but we gave it our best and it just turned out to be a couple inches short today," said O'Rourke.

Jones became just the third skip to win the tournament three straight times — Colleen Jones and Vera Pezer were the others.

THE CANADIAN PRESS

Sports in brief

NHL Tuukka Rask made 36 saves for his third shutout of the season as the Bruins snapped a 10-game winless streak with a 3-0 victory yesterday over the Montreal Canadiens.

SOCCER Chelsea beat Arsenal 2-0 yesterday to stay ahead of Manchester United in the race for the Premier League title. Victory lifted the Blues to 58 points, two more than defending champion United and nine more than third-place Arsenal.

NASCAR Danica Patrick is expected to announce today if she will enter the Nationwide Series race at Daytona Interna-

tional Speedway, on Feb. 13. **NCAA** Florida State University says it will vacate a 2007 bowl victory and 11 regular season football wins, along with dozens more across 10 men's and women's sports, because of NCAA sanctions.

METRO NEWS SERVICES

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SCOREBOARD**NHL**

YESTERDAY'S RESULTS

Boston 3 Montreal 0
Washington 5 Pittsburgh 4 (OT)

TODAY'S GAMES

San Jose at Toronto
New Jersey at Philadelphia
St. Louis at Colorado
Edmonton at Phoenix

NBA

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Vancouver Games

EDITOR: DON.MCHOULL@METRONEWS.CA

The face of the Games?

Big things expected from U.S. superstar skier Lindsey Vonn

Maybe the only thing more brilliant than Lindsey Vonn's skiing is her personality.

The woman who can be ruthless in winning World Cup events is intelligent, articulate and photogenic at the finish line. Combine Vonn's persona with her potential to win three or more gold medals and she easily could become the international face of the Vancouver Winter Olympics.

Think Michael Phelps in a parka. Get ready for the "Vonncover Games."

"Lindsey Vonn is the one athlete I can think of that would be a face of the Games not only in North America, but in Europe and the Far East," says veteran broadcaster Brian Williams,

"I am skiing really well right now, but anything can happen on race day."

Lindsey Vonn

who will cover his 13th Olympics. "She is so well known in Europe and so dominant in women's skiing."

Vonn, of Vail, Colo., has won nine World Cup races this season in downhill, super-giant slalom and the combined event. The 25-year-old is also the two-time defending overall World Cup champion.

Crowning an American queen of the ski hill would boost NBC's television ratings much like Phelps' swimming did during the last Summer Games when

his eight gold medals made him king of the pool.

NBC has already made Vonn the centre of its marketing campaign for the Games. The network helped sponsor a contest for people to design the artwork on her Olympic race helmet.

Vonn seems content to play along with the hype, but understands the nature of ski racing.

"I haven't given any thought to even the possibility of winning more than one medal at the Olympics because it is going to be re-

ally tough," she said during a recent conference call.

"Nothing is guaranteed in ski racing. I am skiing really well right now, but anything can happen on race day. All I am doing is preparing myself the best I can. I hope all the pieces come together for race day."

Circumstances could conspire to make another athlete the face of the Games.

Defending his Olympic gold medal in halfpipe would further fuel the marketing machine around American snowboarder Shaun White. The world could fall under the charm of South Korean figure skater Kim Yu-Na should she win the women's figure skating.

THE CANADIAN PRESS



Lindsey Vonn takes first place during the Audi FIS Alpine Ski World Cup Women's Super-G on Jan. 31 in St. Moritz, Switzerland.

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Love is a great thing and Metro will be celebrating it with our readers worldwide. This whole week we'll be featuring stories revolving around the theme of LOVE.

Valentine's Day Metro special - out this Thursday

We'd also like to hear from you! Send us your message to your sweetheart and a picture together, and we'll run the best ones in our Friday edition.

We will accept submissions to halifaxletters@metronews.ca or on Twitter @metrohalifax

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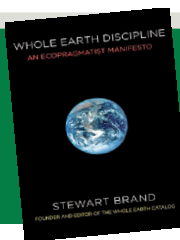
Sending Green cards

If Valentines Day is an important day for you, then you can show a bit of extra love for the environment by carefully considering what you buy. Send cards made from recycled or tree-free paper — or consider sending an e-card. **METRO NEWS SERVICES**

11

Going Green

EDITOR: BEN.RYCROFT@METRONEWS.CA



Earth discipline

The book *Whole Earth Discipline* compiles reflections and lessons learned from more than 40 years of environmentalism in this compelling attempt to inspire practicable solutions to climate change. **METRO NEWS SERVICES**



Kolarbyn Eco Lodge in Sweden is a zero-carbon resort.

Creating zero-carbon farming

ROMINA MCGUINNESS
Metro World News

ENERGY Last year, Joanne Brannan set up the Oak Tree Farm project, housed in the United Kingdom, with the aim of cutting down on carbon footprint. For the moment the Ipswich farm is nothing more than five hectares of bare field but she's planning her growing season this year.

"Three hectares are dedicated to the growing of vegetables and that's where the low carbon element comes in" said Brannan.

The fertilizer is locally made and the town council contributed by giving her wood chips. Once everything is in place, Brannan aims to deliver the vegetables to clients herself.



This Ipswich farm is a testing ground for zero-carbon farming.

"People will be able to call me, order their vegetables and I will pick and deliver the produce on the same day using my bicycle trailer. I need to keep costs to a minimum so it helps I'm not wasting fuel or fertilizer," explained Brannan.

Making the farm com-

mercially viable will be her biggest challenge although she has already made ties with her local farmers market. As for the remaining two hectares, the land will be used to grow fruits, nuts and medical plants and is being designed to be resistant to climate change.

5 eco-friendly hotels

Luxury locations where less is more

ROMINA MCGUINNESS
Metro World News

Luxury isn't always extravagant.

Metro found five eco-hotels where they are showing that less is more.

1

The Scarlet, Cornwall United Kingdom

Built and designed in total harmony with the local environment of Cornwall in southwest Britain, the aim of the Scarlet is to offer its guest a maximum luxury with minimum impact. There are wood heated hot tubs overlooking the sea and local foods including wild mushroom toast, leek risotto and chocolate tart. There is no Internet or mobile phone access and no children.

(scarlethotel.co.uk)

2

Three Camel Lodge Mongolia

In the shadow of the 47 million year old Mt. Bulag-tai volcanic outcrop, this is an eco haven. Energy is wind and solar and the lodge owns a well and vegetable patch. However, if the temperatures do drop a personal attendant will fire up the wood-burning stove. There are camel rides by day and Mongolian dancing by night.

3

La Montana Magica Chile

The hotel itself looks like the set of a Disney



La Montana Magica hotel prides itself on blending in with the local environment.

movie — a waterfall cascades from the top of a volcano shaped lodge built from local wood and stone. The exterior is covered in shrubs, allowing it to effortlessly mesh with the local flora and fauna. Try a dip in a hot tubs carved out of tree trunks for the perfect tranquil moment.

(huilohuilo.cl)

4

Kolarbyn Eco Lodge Sweden

Fabulously primitive Kolarbyn lodge means spending the night without electricity, sleeping on a sheepskin rug in a strange mud hut in a forest. More fun than it sounds, it also means spending a candle lit night by the beautiful

Lake Skärnsjön. Wake up and collect wild blueberries for your pancakes or try the floating sauna on the lake. (kolarbyn.se)

5

Vamizi Island Mozambique

The resort was set up by a group of European private investors determined to create sustainable tourism on this tiny island. It's paradise, of course, with crystal clear azure waters and porcelain sands — and extremely low-impact. The lodge is beautiful too, but you do pay an eco-surcharge to help with the the Maluane project which aims to preserve and protect the local wildlife.

(vamizi.com)

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Lautner stretches out
Taylor Lautner is now no longer just a hulking werewolf. He will soon embody Hasbro's popular '80s toy in Universal's adaptation of Stretch Armstrong. The movie, to be produced by Brian Grazer, will be released in 2012 in 3-D. EW.COM

Entertainment



Crow a Cougar

Sheryl Crow is moving into Cougar Town. The Grammy winner, 47, has scored a role on the ABC comedy as the love interest of Courteney Cox's character's recently divorced neighbour. USMAGAZINE.COM

EDITOR: DEAN.LISK@METRONEWS.CA

Going for gold

VANCOUVER

2010 Games

With the Winter Olympics just days away, put yourself in the mood with a few movies documenting the thrill of the medal chase. Here's a look at cinema's take on the biggest event in sports.

BLADES OF GLORY Slapstick comedy meets pairs skating in this ludicrous 2007 farce from Will Ferrell and Jon Heder about rival skaters who team up to compete in the World Winter Sport Games. Ferrell plays the cocky Chazz Michael Michaels, while Heder is his one-time adversary Jimmy MacElroy. When their on-ice animosity goes too far they are banned from singles competition and take desperate measures to reclaim skating glory.

CHARIOTS OF FIRE Perhaps the most critically acclaimed of all Olympics-themed films, this 1981 tale about two runners preparing for the 1924 Games was nominated for seven Academy Awards, nabbing the prize for best picture. It's impossible to hear the famous theme song by Vangelis without catching the Olympic spirit.

COOL RUNNINGS A perfect prelude to the Vancouver Games, this 1993 gem looks



Jon Heder and Will Ferrell team up for laughs in Blades of Glory.

at the plucky Jamaican bobsled team that charmed fans during the Calgary Olympics in 1988. Russell earned critics' praise for his portrayal of no-nonsense coach Herb Brooks, while the young athletes who portray the team hit the rink with an authenticity rarely seen on the big screen.

CUTTING EDGE Another story that echoes the '88 Games, Cutting Edge opens with American hockey player Doug Dorsey (D.B. Sweeney) taking a brutal hit during a game against West Germany. Dorsey reinvents himself as one-half of a figure-skating pair with the imperious Kate Moseley (Moir Kelly). Although there was also a Cutting Edge 2 and 3, it's hard to beat the original's charm.

MIRACLE This flag-waving 2004 crowd-pleaser traces the unlikely triumph of a ramshackle U.S. hockey team over the intimidating

Soviet squad at the 1980 Winter Games in Lake Placid, N.Y. Kurt Russell earned critics' praise for his portrayal of no-nonsense coach Herb Brooks, while the young athletes who portray the team hit the rink with an authenticity rarely seen on the big screen.

PREFONTAINE The tragic struggle of middle-distance runner Steve Prefontaine is laid bare in this 1997 retelling, which stars Jared Leto of My So-Called Life. The record-setting athlete makes it to the 1972 Munich Olympics, but a terrorist attack kills several athletes and leaves him shaken. He returns to the United States without a medal and becomes an outspoken advocate for amateur athletes. While training for the 1976 Olympics in Montreal, he dies in a car accident at the age of 24. THE CANADIAN PRESS

WEEKLY REWARDS

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George Canyon

One More Girl

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Billy Currington

Kevin Costner & Modern West

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Rice and religion

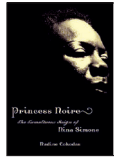


Angel Time

Author: Anne Rice
Publisher: Knopf Canada
Price: \$35 (Hardcover)

THE OPENING installment in Anne Rice's *Songs of the Seraphim* series drives the stake in the vampire niche she's known for, honing in on religion. As a lethal under-ground assassin, Toby O'Dare's

vocation is a far cry from the calling he once heard to join the priesthood. When he's visited by angel Malchiah, Toby's chance to absolve his sins is realized. Malchiah takes Toby back to 13th century England to embody a friar. Attempting to reacquaint himself with his spiritual core, Toby watches over a Jewish couple, whom gentiles believe killed their daughter over her decision to convert to Christianity.



Princess Noire

Author: Nadine Cohodas
Publisher: Pantheon
Price: \$37 (Hardcover)

NADINE COHODAS continues her exploration of 1950s blues and R&B culture, following books on Chess Records and Dinah Washington, with *Princess Noire*:

BookPicks

The tumultuous reign of Nina Simone. Cohodas compiles a detailed biography of the Queen of the Blues, tracing her early life and musical rejection, through her eventual breakthrough and the internal trials she struggled with along the way. More than just a passionate vibrato, Simone's voice was also active in the civil rights movement, which Cohodas examines in contrast to her upbringing.

Brian Coulton/for Metro Canada

Box office

Estimated ticket sales for Friday, Feb. 5 through Sunday, Feb. 7 at U.S. and Canadian theatres:

- 1 Dear John:**
\$32.4 million US
- 2 Avatar:**
\$23.6 million
- 3 From Paris With Love:**
\$8.1 million
- 4 Edge of Darkness:**
\$7 million
- 5 The Tooth Fairy:**
\$6.5 million
- 6 When in Rome:**
\$5.5 million
- 7 The Book of Eli:**
\$4.8 million
- 8 Crazy Heart:**
\$3.7 million
- 9 Legion:**
\$3.4 million
- 10 Sherlock Holmes:**
\$2.6 million

THE ASSOCIATED PRESS

For complete online movie listings, trailers, reviews and tickets, visit:
metronews.ca/movies



For February 5th

- Black Eyed Peas - Imma Be
- Lady Gaga ft Beyoncé - Telephone
- Hedley - Don't Talk To Strangers
- Young Money Ft Lloyd - Bedrock
- Girlicious - Over You
- Justin Bieber Ft Ludacris - Baby
- Jason Derulo - In My Head
- Ke\$ha - Blah Blah Blah
- Drake Ft Kevin Cossom - I Get Paper

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	HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
2/8/10	31	31	31	ABC	News Center 5	World News	Inside Edition	Chronicle	The Bachelor: On the Wings of Love (HDTV) (N)				Castle
	7	7	7	ASN	The Road to Avonlea		Degrassi: Next	TMZ	Tough Love	The Listener (DVS)			Castle
	11	11	11	CBC	Wheel Fortune	Jeopardy! (N)	18 to Life (N)	Little Mosque	Vancouver Welcomes	CBC News: The National			The Hour
	2	2	2	CBC-F	Pyramid (SC)	La force	Virginie (SC)	Les Parent (N)	L'Auberge du chien noir (SC)	Les Boys (SC)	C.A. (N) (SC)		Le Téléjournal
	32	32	32	CBS	WBZ News (N)	Evening News	Wheel Fortune	Jeopardy! (N)	How I Met	On Purpose	Two/Half Men	Big Bang	CSI: Miami (N)
	69	69	69	CFTM	TVA nouvelles	Le Cercle (SC)	Rachid	Mtl	Yamaska (HDTV) (N) (SC)	Toute la verité (HDTV) (N)			TVA nouvelles
	6	6	6	CHIF	Entertainment	ET Canada	Heroes "The Wall"		House "5 to 9" (N)	24 (HDTV PA) (N)			News Final (N)
	9	9	9	CJCH	etalk	Access H.	CSI: Miami (HDTV) (N)		Human Target "Run" (N)		Two/Half Men	Big Bang	CTV News
	10	10	10	ELTV	Face to Face	Fishing	Sportsland (Live)		Face to Face	Sportsland			
	36	36	36	FOX	Seinfeld	The Simpsons	Two/Half Men	Two/Half Men	House "5 to 9" (N)	24 (HDTV PA) (N)			Fox First
primetime	12	12	12	NBC	News (N)	NBC News	Access H.	Extra (N)	Chuck (HDTV) (N)		Heroes (N)		Jay Leno Show
	29	29	29	NW	(6) Power & Politics		Connect Today's biggest stories. (N)				CBC News: The National		Miracle Bodies
	4	4	4	PBS-B	PBS NewsHour (N)		Greater Boston	Chronicles	Antiques Roadshow (N)		American Experience (HDTV)		Blueprint Amer
	35	35	35	PBS-D	PBS NewsHour (N)		Business Rpt.	Worldfocus	Antiques Roadshow (N)		American Experience (HDTV)		Blueprint Amer
	68	68	68	TQS	Guerre clans	30 Rock (SC)	Wipeout (N) (SC)		CSI: NY (N) (SC)		The Mentaliste (N) (SC)		Guerre clans
	23	96	96	BNN	Business News	Headline	Market Call Tonight		MoneyTalk	Market Call	Squeeze Play		Business News
	18	18	18	CNN	(6) The Situation	Room With Wolf	Blitzer (N)		Campbell Brown (N)		Larry King Live (N)		Cooper 360
	54	54	54	GOLF	Golf Central	Play Lessons	The Golf Fix (HDTV) (Live)		Big Break: Mesquite		Handey Project	Handey Project	The Golf Fix
	52	52	52	RSE	Connected W-Prime Time		Olympics: On Home Ice		The Great Tournament		Sid vs. Alexander		Sportsnet Con.
	news	55	55	55	SCOR	HSR	Covers Experts	RaceNight				(10:15) WWE Monday Night RAW	
45		45	45	SPD	NASCAR Best	NASCAR Best	Pass Time	NASCAR Hub	Dave Despain on Assignment		Barrett-Jackson		Auctions
53		53	53	TSN	Off the Record	SportsCentre	NHL Hockey New Jersey Devils at Philadelphia Flyers. (HDTV) (Live)					SportsCentre	
43		43	43	FAM	Han. Montana	Wizards-Place	Sonny Choo	Suite Life	Overruled!	Han. Montana	Wizards-Place	Latest Buzz	Ned's School
44		44	44	TOON	Jimmy Two	Johnny Test	Scobby-Doo	Total Drama	Total Drama	6TEEN	Futurama	King of the Hill	American Dad
26		26	26	TREE	Timmy Time	3rd and Bird	Backyardigans	Night Garden	Max & Ruby	Franklin	Little Bear	Bucket-Dinos	Babar
27		27	27	YTV	iCarly	To Be Indie	Scorpion	Scorpion	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like	Family Biz
16		16	16	A&E	The First 48 (HDTV)		Criminal Minds (HDTV)		Intervention "Greg"		Intervention "Marguel"		Hoarders
70		70	70	APTN	APTN News	Pachamama	Olympique: Planète hockey (N)		Sid le Kid vs. Alex le Grand		Olympique: Planète hockey (N)		Secret-cendres
50		50	50	BET	106 & Park: BET's Top 10 Live				Waist Deep ** (2006, Action)	Tyrese Gibson, Larenz Tate.			Food-Jay-Z
family	37	37	37	BRVO	Emily of New Moon		Arts & Minds		La Chambre Blanche (N)		Lustrale	Song for Africa	Washington
	25	25	25	CMT	UnStable	Star Crossed	Due South "The Edge"		Amer. Funniest Home Videos		Gilmore Girls		Great Ball-Fire
	49	49	49	COM	Just for Laughs		Air Force	22 Minutes	Cornet Gas	Name Is Earl	The Simpsons	South Park	John Oliver
	153	153	153	COURT	W-FIVE		The Investigators		Cops Uncut	Dumb Criminal	Trace Evidence-Dr. Henry Lee		Investigators
	38	38	38	DISC	Canada's Worst Handyman		Daily Planet (N)		MythBusters		Breaking Point "Tanker"		Dirty Jobs
	34	34	34	HGTV	Extreme Makeover: Home		House Hunters	Property Virgin	For Rent	Income Prop.	Marriage	My First Place	House Hunters
	46	46	46	HIST	Museum Mysteries-World		Diamond Road		Greatest Tank Battles		Lost Worlds		Shockwave
	17	17	17	M	Secret Life of American Teen		Secret Life of American Teen		America's Best Dance Crew		disBAND	Video on Trial	Love Court
	19	19	19	MMM	mmtop10.ca		The Daily Fix		Ranked!		Behind the Music T.I.		Entourage
	201	201	201	M1	Madagascar 2	Anvil: The Story of Anvil *** (2008)			Sanctuary "Revolutions"		Spartacus: Blood and Sand (N)		Diary-Call Girl
cable variety	48	48	48	OLN	Mantracker		Ghost Hunters		Destination Truth		Operate-Repo	Operate-Repo	Ghost Hunters
	51	51	51	PEACH	Friends	Name Is Earl	Family Guy	Family Guy	House-Payne	House-Payne	Law & Order: Special Victims		Enough
	206	206	206	PIX	(6:30) Pressure Point		(6:10) The Nature of Nicholas ** (2002, Drama)				Body Double ** (1984, Suspense)		
	67	67	67	RDI	monde	RDI économie	24 Heures en 60 minutes (SC)		Grands reportages (SC)		Le Téléjournal (SC)		RDI économie
	39	39	39	SHOW	Trailer Park	Trailer Park	Relic Hunter		Wide Awake (2007, Drama)	Missy Peregrym.			Bones
	40	40	40	SLICE	What Happen?	Wedding SOS	Rich Bride Poor Bride		Nearly Dead	Newlywed	Tori & Dean: Home		Love Inc.
	47	47	47	SPACE	Stargate SG-1		Stargate Atlantis (DVS)		Star Trek: Voyager		Alien Siege ** (2005, Science Fiction)		
	14	14	14	SPIKE	CSI: Crime Scene Invstgtn.		CSI: Crime Scene Invstgtn.		CSI: Crime Scene Invstgtn.		I Bet You Will	CSI: Crime Scene Invstgtn.	
	57	98	98	STAR	etalk	TMZ (N)	Look-A-Like	TMZ	The Ellen DeGeneres Show (N)		The View (HDTV) (N)		Dr. Oz Show
	21	21	21	TLC	Say Yes-Dress	Say Yes-Dress	Ultimate Cake Off		Cake Boss	Cake Boss	Cake Boss (N)	Cake Boss	Ultimate Cake
variety	56	34	34	TROP	Carlawood	Prod. Parker	Re-Vamped		Parking Wars	Parking Wars	Flipping Out		Launch/Line
	20	20	20	TV5	Que-champion	Journal de F2	Les Carnets du bourlingueur		Arles, le trésor retrouvé				Voyageur
	28	28	28	V	Doc "No Pain, No Gain"		Murder, She Wrote		Husband & I	Wait for God	Blue Murder "Heroes"		Unscripted (N)
	97	97	97	VIVA	Da Vinci's Inquest		Cold Case "Rampage"		Missing "Lost Sister"		The Closer "Slipin"		Cold Case
	22	22	22	W	House-Sell	House-Sell	Supernanny		How Clean Is	How Clean	Love It or List It		Love It-List It
	251	251	251	WGN	HGTV Evening News		Two/Half Men	Family Guy	One Tree Hill (HDTV) (N)		Life Unexpected (N)		WGN News
	251	251	251	WGN	HGTV Evening News		Two/Half Men	Family Guy	One Tree Hill (HDTV) (N)		Life Unexpected (N)		WGN News
	251	251	251	WGN	HGTV Evening News		Two/Half Men	Family Guy	One Tree Hill (HDTV) (N)		Life Unexpected (N)		WGN News
	251	251	251	WGN	HGTV Evening News		Two/Half Men	Family Guy	One Tree Hill (HDTV) (N)		Life Unexpected (N)		WGN News



Liam Gallagher's new band won't be called Oasis because it's a "s— name," femalefirst.co.uk reports. The rocker has been busy working on a new album with his fellow former Oasis bandmates — except brother Noel. **METRO NEWS SERVICES**

Brothers, together, forever. Or not.

Celebrity Buzz

etalk's Lainey Lui dishes out celeb dirt in three's



Three Talk

COURTNEY LOVE. Courtney Love frequently lays out her life on Facebook and Twitter, posting incoherent ramblings that read like a psychedelic online journal. While most of her scandal-ridden life has been embarrassingly and dramatically public — she recently lost custody of her daughter Frances Bean — here are three things you might not know about Love:



ONE She auditioned for the Mickey Mouse Club when she was 12 years old. Not surprisingly, she was not called back after reading a poem by Sylvia Plath.

TWO Love dated Edward Norton for four years, her longest relationship, after dumping Gavin Rossdale. She claims Rossdale sent her a diamond ring that she ended up throwing into the Mississippi River, an act that she suggests eventually freed him for Gwen Stefani.

THREE She desperately wanted to play Satine in Moulin Rouge, a role that was written for Nicole Kidman. Love bitterly berated Kidman in an elevator following the release of the film, arguing that she could have performed it much better.

Lainey Lui is a reporter for etalk and runs the popular gossip site, LaineyGossip.com. As part of CTV's Olympic Broadcast Team, Lainey is on the ground in Whistler reporting on entertainment news from the Vancouver 2010 Olympic Winter Games.



Follow these celebrities on Twitter...

CelebTweets

NICOLE "SNOOKI"

POLIZZI prefers interacting with people online, **JERMAIN DUPRI** sees the upside of a hangover, **SHERRI SHEPHERD** hopes God is willing to negotiate, and **JOHN MAYER** parties like a different kind of rock star.

@Snooki Sittin' in the airport is annoying. Some guy just came up n poked me — this isn't facebook bro

@LTLLine I feel sorry for people that don't drink cause when they wake up thas the best they gonna feel all day

@SherriShepherd Lord thank you for blessing me 2 wake up today but do I still have 2 go 2 the gym? I'm sick... not enough of an excuse?

@Johncmayer My life on the road is a lot like '70s Fleetwood Mac, except instead of cocaine it's Cinnamon Toast Crunch.

METRO WORLD NEWS

A big birthday Butler

MAKES FOR A VERY HAPPY BIRTHDAY GIRL Jennifer Aniston headed to one of her favourite getaway spots, Los Cabos, Mexico, on the weekend where the actress got a jump start celebrating her 41st birthday — Anis-



ton's big day is

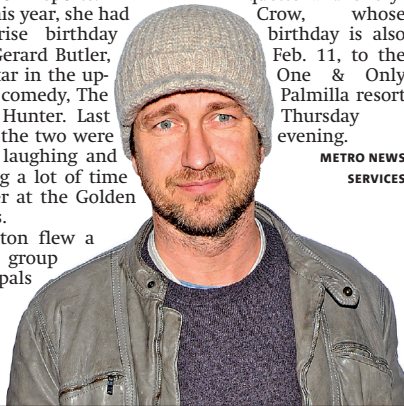
actually this Thursday — with a group of friends, people.com reports.

But this year, she had a surprise birthday guest, Gerard Butler, her costar in the upcoming comedy, The Bounty Hunter. Last month, the two were spotted laughing and spending a lot of time together at the Golden Globes.

Aniston flew a large group of pals in-

cluding Butler, Courteney Cox, her husband David Arquette and Sheryl Crow, whose birthday is also Feb. 11, to the One & Only Palmilla resort Thursday evening.

METRO NEWS SERVICES



No little gold man for her

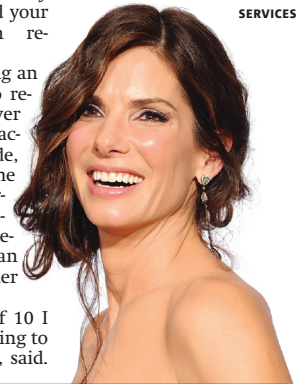
SHE JUST KNOWS THESE THINGS Sandra Bullock has news for anyone waiting to see her give an acceptance speech at the Academy Awards — don't hold your breath, people.com reports.

"I'm so not winning an Oscar," Bullock, who received her first-ever nomination, as best actress for The Blind Side, told reporters at the Santa Barbara International Film Festival, where she received the American Riviera Award for her influence on film.

"Nine times out of 10 I always pick who's going to win," the actress, 45, said.

"And I already know who's going to win. I'm not going to say, but nine times out of 10, I'm right."

METRO NEWS SERVICES



A Little Charm Goes a Long Way



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Scotia Square | Mic Mac Mall | Spring Garden Road

Face to face

AS IN, SHE WANTS HER Jessica Alba is usually flattered by compliments on her looks, but this may be taking things too far. A Chinese woman is reportedly planning a plastic surgery makeover to look more like the Valentine's Day actress in hopes of winning back her lover, according to the Associated Press. Alba admits she finds it distressing.

"I think you should never have to change yourself like that," the actress says. "If somebody loves you, they'll love you no matter what."



METRO WORLD NEWS

Kristen's big day in court

MAKING TROUBLE An otherwise normal run of jury duty for Kristen Stewart may end up causing one security guard his job. The Twilight star served on a three-day trial in Los Angeles last week and on her last day agreed to pose for a photo with a security guard, according to E! Online. The man reportedly allowed a friend's wife to post the photo on Facebook, and now they both may be in hot water.

"Right now my husband and the security guard are in trouble for (the picture) having gone up," the man's wife reportedly posted online after removing the photo. "It is confidential when celebrities are in court."

METRO WORLD NEWS



Tiger comes out swinging

FOR HIS FAMILY. SEE? THE REHAB WORKED Tiger Woods has left the rehab facility in Mississippi where he's allegedly been staying to treat his sex addiction, according to Radar Online. He headed home to Florida with wife Elin Nordegren to be briefly reunited with his two children, who he hasn't seen in six weeks.

The couple reportedly now want to spend time alone working on salvaging their relationship.

METRO WORLD NEWS



Flippant about flipping

I CALL HEADS. NO, TAILS. NO, HEADS! When it comes to divorce settlements, Kate Walsh is a real innovator, us-

magazine.com reports. Following a reportedly tough round of negotiations, a judge ruled Friday that Walsh and her ex-husband Alex Young will divide some of their shared



assets with — literally — a coin toss.

As reported at E! News, court papers say that some of the former couple's belongings will "be divided by alternating picks after the flip of a

coin to determine who will pick first."

In the rest of the divorce settlement announced Friday, Young will receive \$627,000 US from the Private Practice star, and half of her pay between the start of her Sept. 2007 marriage through their November 2008 separation.

METRO NEWS SERVICES

Creepily crushing on Keira

BUT HE JUST WANTS TO LOOK AT YOU ... AND LOOK ... AND LOOK. IS THAT TOO MUCH TO ASK? Keira Knightley felt "threatened" by a man arrested on suspicion of stalking her, femalefirst.co.uk reports. The British

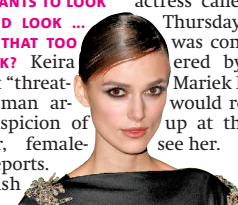
actress called police last Thursday after she was constantly bothered by 41-year-old Mariek Daniluk, who would regularly turn up at the theatre to see her.

A source told The Sun

newspaper: "He did not make any specific threats to her but she was concerned enough to call the police."

Police have confirmed the man was arrested outside the theatre over harassment allegations.

METRO NEWS SERVICES

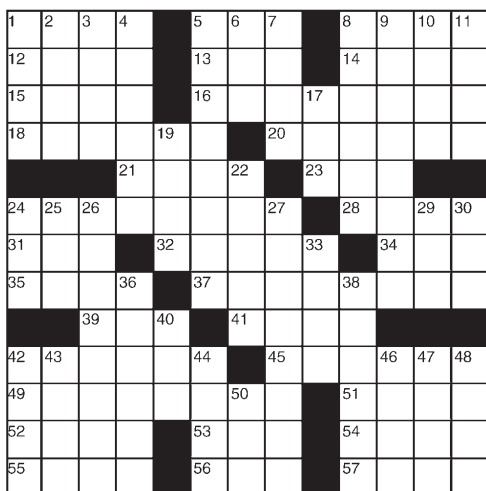




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Take Five



ACROSS

1 Legs (Sl.)
5 Gratuity
8 Competent
12 Six-sided state
13 Singer Sumac
14 Close up tight
15 Optimistic
16 "War of the Worlds" invaders
18 Maintenance
20 Main course
21 Health resorts
23 "My country, — of thee"
24 Drinks garnished with olives
28 Distort
31 "Rocks"
32 Points
34 Eisenhower nickname
35 Skillful
37 Strict disciplinarian
39 Historic time
41 Tale-teller
42 Arose
45 Cancer or Capricorn
49 Home-run

champ Tino
51 Houston acronym
52 Colorful fish
53 "Hail, Caesar!"
54 "— have to do"
55 Guys' partners
56 Series of skirmishes
57 Restaurant VIP

DOWN

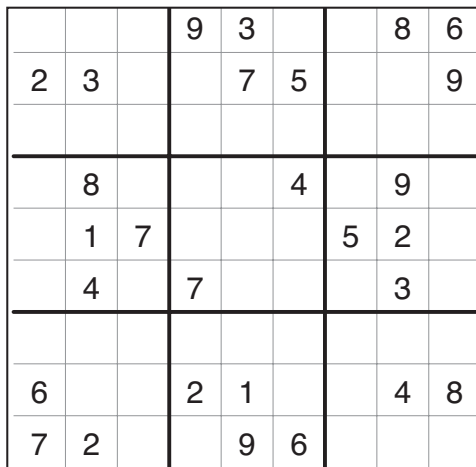
1 Mentor
2 On
3 Lone Ranger trademark
4 Least gregarious
5 Eardrum
6 "— little teapot, ..."
7 Rid of rind
8 Without changes
9 Rug in old-style baby photos
10 Memory —
11 Differently
17 Potent stick
19 Grand story
22 Rope fiber

24 Central
25 Expert
26 Source of a second opinion
27 White wine + soda water
29 — out a living
30 Drenched
33 Celebrity
36 "We hold these — to be ..."
38 Funny, in a way
40 Blackbird
42 Urban pollutant
43 One of the Three Bears
44 Nibble away (on)
46 Walkway
47 Gilligan's home
48 Young bovine
50 A Gabor sister

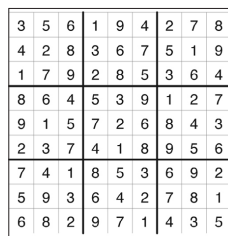
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca



Metro Recipe of the Day



Green Gazpacho with Hot-smoked Salmon

INGREDIENTS:

1 large green pepper, chopped
1 cucumber, trimmed and chopped
1 onion, chopped
1 ripe avocado, halved, pitted and peeled
1 garlic clove, chopped
6 tbsp (90 mL) fresh flat-leaf parsley
2 1/2 cups (625 mL) vegetable stock
3 tbsp (45 mL) balsamic vinegar
3 tbsp (45 mL) extra virgin olive oil
8 oz (250 g) hot-smoked salmon, strips.

METHOD:

1. Put pepper, cucumber, onion, avocado, garlic, parsley, stock, vinegar and oil in food processor or blender. Season, then process until smooth.
2. Keep covered in refrigerator until needed, then ladle into serving bowls and add strips of salmon to each bowl.

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES

MARCH 21-APRIL 20



Be true to yourself, even if it means falling out with someone you would prefer to stay on good terms with.

LIBRA

SEPT 23-OCT 23



If you go to extremes you will encourage others to be extreme as well — and the situation will get out of hand quicker than you thought possible.

TAURUS

APRIL 21-MAY 21



Today's marvelous idea could be tomorrow's costly mistake, so don't commit yourself to anything for the time being.

SCORPIO

OCT 24-NOV 22



A week or so from now you will know for certain if something you have been working on stands a realistic chance of success.

GEMINI

MAY 22-JUNE 21



You will undoubtedly feel sorry for someone you meet today but what they really need is something to get them motivated again.

SAGITTARIUS

NOV 23-DEC 21



Today's cosmic set-up warns you must not push yourself too hard physically, nor allow your emotions to dictate your actions.

CANCER

JUNE 22-JULY 22



You are taking a certain person far too seriously. It doesn't matter what they say is the right way to go about things, you must stay true to your instincts.

CAPRICORN

DEC 22-JAN 20



Capricorn is a cardinal sign, meaning you are a leader rather than a follower, so start a new trend and you'll be the talk of the town.

LEO

JULY 23-AUG 23



You don't like to compromise but just this once it might be wise to meet a rival halfway, especially if they may be able to help further your ambitions.

AQUARIUS

JAN 21-FEB 18



It's good to be honest but you must not be cruel. There is nothing to be gained from damaging a loved one's ego.

VIRGO

AUG 24-SEPT 22



This looks like being a wonderful week but it could be more wonderful still if you deal with a work-related issue immediately.

PISCES

FEB 19-MARCH 20



Chances are you will clash with someone in a position of power either today or tomorrow. If they are truly professional they will thank you for it.

This day in history

1587: Mary, Queen of Scots was executed at suspicion of having been involved in the Babington Plot to murder her cousin, Queen Elizabeth I of England.
1692: A doctor in Salem Village, Massachusetts Bay Colony suggests that two girls in the family of the village minister may be suffering from bewitchment, leading to the Salem witch trials.
1807: Battle of Eylau — Napoleon defeats Russians under General Benigsen.
1915: D.W. Griffith's controversial film The Birth of a Nation premieres in Los Angeles.

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